

PROFILES Physicians



*Special* ADVERTISING SECTION

## Vein Treatment Clinic

KAMRAN A. SARAF, MD, FABA, DABVLM &  
LISA ALFORD, MD, FACS, RPVI

### Specializations & Awards

*Vascular Surgery; Castle Connolly "Top Doctor" 2021-2024;  
Bethesda Magazine "Top Doctor" 2025*

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"You'd be surprised how many people live with daily leg discomfort that's completely treatable," says Dr. Kamran A. Saraf, double-board-certified, award-winning physician with more than 15 years of experience in vein and pain treatments. "Most people don't realize it's not just cosmetic but a real medical problem—covered by insurance."

One in three Americans suffers from a vein-related condition such as spider and varicose veins, but only 10 percent seek professional treatment. Most patients don't know where to start, but delay can lead to worsening symptoms and even serious complications. Early diagnosis and treatment are key to preventing progression and improving quality of life.

At Vein Treatment Clinic, Dr. Saraf teams up with Dr. Lisa Alford, one of the first African American female vascular surgeons in the United States. She has more than 30 years of experience in complex vascular care. Together they treat venous insufficiency using advanced, non-surgical procedures that take less than an hour, are outpatient and have no downtime.

Drs. Saraf and Alford bring experience, compassion, precision and a warm, approachable style to every consultation. They provide relief from symptoms such as leg heaviness, swelling, cramps, spider veins and varicose veins. Their comprehensive approach includes personalized plans tailored to each patient's condition and lifestyle.

Patients describe their experience as "easy." From their first call to their final visit, the clinic team handles everything from insurance approvals to answering questions. Vein Treatment Clinic was designed to feel less like a medical office and more like a space where individuals have treatments that improve their daily lives.