

INFLUENTIAL WOMEN OF LONG ISLAND

You are not defined by discomfort.

You are worthy of care that restores health, comfort, and confidence

— Dr. Zalekha Shair, MD FACS Board Certified Surgeon & Vein Expert

For many women, vein disease hides in plain sight, misread as vanity or dismissed as “just tired legs.”

But Dr. Zalekha Shair, a Long Island native and board-certified surgeon, knows better. “Vein issues affect over 300 million people,” she says. “Pain, swelling, restlessness – it’s not just in your head. It’s in your circulation.”

Practicing surgery since 2015 and specializing in vein care since 2018,

Dr. Shair has treated over 25,000 patients with a rare mix of precision and warmth. “We treat patients like family – with compassion, with jokes, in a calm, zen space,” she says. The technology is advanced, the results are striking, and there’s no downtime.

Her philosophy is rooted in healing as both science and service. “By improving your patients’ lives, you nourish and save your soul,” she says.

It’s this sense of purpose that grounds her work and deepens her ties to the Long Island community she calls home.

To the woman who’s silently struggling or hiding her legs with spider and varicose veins, Dr. Shair wants to make one thing clear: You are not defined by discomfort. You are worthy of care that restores health, comfort, and confidence.



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