



Kamran Saraf, MD

VEIN TREATMENT CLINIC (CAPITAL VEIN & PAIN)

When Dr. Kamran Saraf was growing up, his options—by his own joking admission—were doctor or engineer. His brother took engineering. Medicine got the better end of the deal. What began as a drive to diagnose and treat has since evolved into something more focused: restoring function, relieving pain, and helping patients reclaim the lives that discomfort had taken from them.

"I always remind patients that their symptoms are real and deserve attention. Too often, people normalize discomfort or delay care. Early evaluation can make a significant difference in outcomes." He continued, "I encourage patients to advocate for themselves, ask questions, do research, and take an active role in their health, because the best results come from a true partnership between patient and physician."

Keeping his care patient-centered allowed him to learn from his patients and, in turn, become a better physician. "Patients have taught me that being heard can be just as important as being treated." He keeps an open line of communication for patients to text him any time with problems or questions. Despite how advanced technology gets, he values keeping care truly personal — face-to-face interactions, intentional care, and no telehealth on the patient side.

He brings this same commitment to his team as well. "Open communication, mutual respect, and continuous learning are central to our culture. When a team feels supported and aligned in purpose, it naturally drives higher standards of care, innovation, and a better experience for our patients."

Today, Dr. Saraf finds the greatest fulfillment in helping patients feel like themselves again — more comfortable, more confident, and able to get their lives back. It provides a sense of purpose that helps him counterbalance the daily pressures of a busy practice.

LOCATION

6903 Rockledge Drive, Suite 470,
Bethesda, MD
301.900.6334
veintreatmentclinic.com

DEGREES & CERTIFICATIONS

MD, FASA, DABVLM

AREAS OF EXPERTISE

Venous insufficiency, varicose vein,
spider vein, spine & joint pain

*Patients have given me the honor
of choosing me as their physician.
I believe the doctor–patient
relationship should remain direct,
personal, and uninterrupted.*

PHOTOGRAPHY COURTESY OF DR.SARAF